

Edible Perennials for Pacific Northwest Gardens

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PERENNIAL EDIBLE PLANT LIST

Self-Sowing Annuals

Corn Salad or Mâche
Flowers – Calendula, Borage, Nigella
Gobo
Miner's Lettuce
Minutina
Parsley
Salsify
Scorzonera

Herbs

Agastache
Bay Laurel
Cardoon
Chamomile
Comfrey
Dianthus
Hops
Horseradish
Hyssop
Lavendar
Lemon Balm
Lovage
Mallow
Marjoram
Mint
Monarda
Oregano
Rosemary
Sculpit
Stinging Nettles
Sweet Cicely
Tarragon, French
Thyme

Vegetables

Alpine Strawberry
Artichoke
Asparagus
Chives
Day Lily
Dandelion
Garlic Chives
Good King Henry
Mushrooms
Onions – Welsh, Rakkyo
Perpetual Spinach
Rhubarb
Salad Burnet
Sea Kale
Sorrel
Sunchoke / Jerusalem Artichoke
Tree Collards
Wild Arugula: Sylvetta

Fruit and Nuts, Cane Fruit

Blackberry
Blackcap
Boysenberry
Loganberry
Marionberry
Raspberry
Salmonberry
Tayberry
Thimbleberry

Shrubs and Berries

Aronia
Blueberry
Cranberry
Currant
Elderberry
Goji
Goumi
Huckleberry
Lingonberry
Rose
Salal
Serviceberry
Strawberries
Sumac

Trees: Fruit

Apple
Cherry
Cornelian Cherry
Crabapple
Fig
Fruiting Quince
Hawthorne
Medlar
Mulberry
Peach
Pear
Persimmon

Trees: Nuts

Chestnut
Hazelnut or Filbert
Walnut (English)

Vines

Grape
Kiwi – Hardy or Fuzzy
Passion Fruit